



# 2010 GO! St. Louis Marathon & Family Fitness Weekend

April 10 & 11, 2010

## Volunteer Registration Form



Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail Address: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_ Cell: ( ) \_\_\_\_\_

Age (Must be over 14 yrs.): \_\_\_\_\_ Shirt Size (Unisex): S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ XXL \_\_\_

\*While we will make every effort to accommodate your size, sizes are not guaranteed\*

Please review this application and then mark **ALL** areas and times you are available to volunteer.  
Shifts are approximately 4 hrs.

### Pre-Race Packet Stuffing:

- Read, Right & Run Marathon® packet stuffing at TBA location (in Clayton, MO).  
Times: Monday, March 22 – 5:00 pm – 9:00 pm \_\_\_\_\_  
Tuesday, March 23 – 5:00 pm – 9:00 pm \_\_\_\_\_

### Friday, April 9

- Expo - Chaifetz Arena (SLU)**  
**Time:** 10:30 am – 2:30 pm \_\_\_\_\_ 2:00pm – 7: 00 pm \_\_\_\_\_  
**Job:** Information \_\_\_\_\_ Packet Pick-Up \_\_\_\_\_ Registration \_\_\_\_\_ Shirt distribution \_\_\_\_\_ Solutions \_\_\_\_\_

### Saturday, April 10

- Expo - Chaifetz Arena (SLU)**  
**Time:** 10:30 am – 2:30 pm \_\_\_\_\_ 2:00pm – 7: 00 pm \_\_\_\_\_  
**Job:** Information \_\_\_\_\_ Packet Pick-Up \_\_\_\_\_ Registration \_\_\_\_\_ Shirt distribution \_\_\_\_\_ Solutions \_\_\_\_\_

### **Race Events in Forest Park (Cricket Field near Visitor's Center)**

- 5K race course assistance: 6:30 am – 9:30 am \_\_\_\_\_
- 5K Finish Line: 7:00 am – 9:30 am \_\_\_\_\_
- Information/Volunteer Check-in: 6:30 am – 10:00 am \_\_\_\_\_
- Registration and packet pick-up (5K & Fun Runs): 6:00 am – 10:30 am \_\_\_\_\_
- Food set-up and distribution: 6:30 am – 11:30 am \_\_\_\_\_
- Read, Right & Run Marathon - Start Line: 8:00 am – 10:00 am \_\_\_\_\_
- Read, Right & Run Marathon - Course Monitor: 8:30 am – 11:00 am \_\_\_\_\_
- Read, Right & Run Marathon - Finish Line: 8:30 am – 11:30 am \_\_\_\_\_
- Mature Mile Course Monitor: 9:45 am – 11:00 am \_\_\_\_\_
- Mature Mile Finish Line: 9:45 am – 11:00 am \_\_\_\_\_
- Site Tear-Down: 10:30 am – 12:00 pm \_\_\_\_\_

### **Soldier's Memorial (downtown) set-up for Sunday's race**

9:00 am – 1:00 pm \_\_\_\_\_ 1:00 pm – 5:00 pm \_\_\_\_\_

**Sunday, April 11 – Soldier’s Memorial – Downtown St. Louis**

**Marathon Course**

- Course Set – Up (some heavy lifting required; drivers needed): 5:00 am – 8:00 am \_\_\_\_\_
- Course Roll – Up (some heavy lifting required; drivers needed): 8:30 am – 2:00 pm \_\_\_\_\_ (varies according to section)
- Course Monitors (ages 18+) (locations TBD): 6:30 am – 10 am \_\_\_\_\_ 10 am – 1:30 pm \_\_\_\_\_
- Half Marathon Turn Around Monitors: 7:00 am – 10:30 am \_\_\_\_\_
- Trail Cars and Sag Wagon Drivers: (ages 18+) (times vary according to vehicle) 6:30 am – 1:30pm \_\_\_\_\_

**Start Area (13<sup>th</sup> & Market) / Finish Area (13<sup>th</sup> & Chestnut)**

- Site set-up: 5:00 am – 9:00 am \_\_\_\_\_
- Race Information/Volunteer check-in: 5:30 am – 9 am \_\_\_\_\_ 9 am – Noon \_\_\_\_\_
- Baggage check for runners: 5:30 am – 9:30 am \_\_\_\_\_ 9:30 am – 1:30 am \_\_\_\_\_
- Start Line area (13<sup>th</sup> and Market): 5:30 am – 7:30 am \_\_\_\_\_
- Food set-up and distribution: 5:45 am – 10 am \_\_\_\_\_ 10 am – 2 pm \_\_\_\_\_
- Finish Line Area (13<sup>th</sup> and Chestnut): monitors, heat sheets and medals  
5:45 am – 10:00 am \_\_\_\_\_ 10:00 am – 2:00 pm \_\_\_\_\_
- Awards: 7:30 am – 10:00 am \_\_\_\_\_ 10:00 am – 1:00 pm \_\_\_\_\_
- Course and Site tear-down: 9:00 am – 1:00pm \_\_\_\_\_
- Course Entertainment needed!** If you are in a band or other performing group, or if you perform solo, please consider signing-up to provide entertainment along the marathon & half marathon route!  
If you are interested in providing course entertainment check here to be contacted: \_\_\_\_\_

Please describe: \_\_\_\_\_

**DISCLOSURE, LIABILITY WAIVER AND RACE VOLUNTEER AGREEMENT**

Your participation as a volunteer is based on your acknowledgement of and agreement to the following conditions. Please read this form carefully before signing:

In consideration of your accepting me as a volunteer for the 2010 GO! St. Louis Marathon & Family Fitness Weekend, I hereby for myself, my heirs, executors and administrators waive any and all rights and claims for damages I may have against GO! St. Louis (GO!), the sponsors, the volunteers, the participants, the state of Missouri, and the cities in which the race is contested, their representatives, successors and assigns for any and all injuries suffered by me in said event. I agree to accept and obey the rules of this race and any related events as published or otherwise made known to me and abide by the decision of any supervisor or race official concerning my ability to safely participate as a volunteer. I grant to GO! and the GO! sponsors and licensees the exclusive right to the free use of my name, my voice and/or my picture in any broadcast, telecast, advertising, promotion or other account of this event for legitimate purposes.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian of volunteers under 18: \_\_\_\_\_ Date: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**Mail or Fax Form to:  
GO! St. Louis Volunteers, 7727 Clayton Rd, St. Louis, MO 63117  
Fax 314-727-0893**

**Questions: Please call 314-727-0800 or e-mail: [volunteer@gostlouis.org](mailto:volunteer@gostlouis.org)**